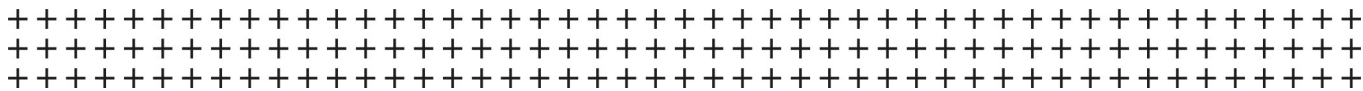


Create#12// Home is ...

by Arji Manuelpillai



In this activity, we are looking at the things we associate with our home. It is inspired by an amazing poem I read by the Somali poet, Warsan Shire.

You will need

- Something to write with
- Something to write on—and time on your hands

Warsan wrote a poem called Home which opens with the powerful lines:

*“no one leaves home unless
home is the mouth of a shark.”*

This was a powerful reflection of her life as a refugee fleeing for her life. However, in our poem we are going to reflect on our own homes.

That includes the tastes, sounds, sights and feelings in our homes. They could be true to your life but they could also be made up. It really is up to you.

Activity

- Think about what food you associate with home. For example, it could be *Home is mum’s chicken curry or home is spag bol and my wife stealing all the parmesan.* Write it down.

- Think about what sounds you associate with home. For example, it could be *home is the sound of my granddaughter kicking a football.* Or it could be *Home is the chaser beating the contender.* The more unique the better. Write it down.
- Think about the sights you associate with home. For example, it could be *Home is my mum on the hob, sleeves raised, smiling.* Or it could be *Home is football and a Carlsberg in my hand.* Write it down.
- Think about what smells you associate with home. For example *home is the smell of grass wafting in from the window.* Or *home is the smell of a new morning.* Write it down.
- Think about what the feelings you have in your own home. For example, *home is feeling like you belong or home is feeling contented.* Or *home is safety.*

You can write these out on a fresh piece of paper. You are free to add more ideas, to change the order to give it more power, you could also perhaps add your own unique ideas to the mix.

The most important thing is to have fun writing, everything else will come naturally.

Use this side to start your 'Home is' ... poem

Home is (taste):

Home is (sound):

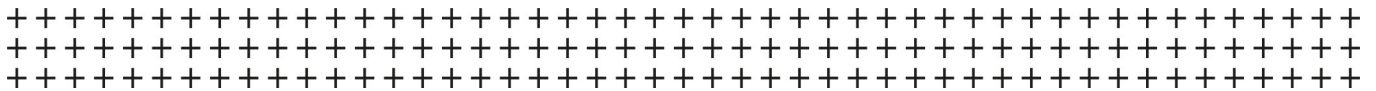
Home is (sight):

Home is (smell):

Home is (feeling):

Don't forget to send us your poems so that we can share them with everyone on our blog site.

- Email mdf@suffolkartlink.org.uk
- Text to 07857 002974



CONTACT

For more information on any of these activities, or if you would like to receive our activity packs in the post, please contact Carrie or Candida:

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